



Dr. Shanti Sharma
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(M) 9907834650

Educational Qualifications:

1. Ph.D. (PE),
2. M.P.Ed. ,
3. B.P.E.
4. Certificate Course in Handball

Area of Interest:

Team Training, Tournament Organizing, Sports Coaching. Swimming training

Date of Joining: 25March 2025

Responsibility.

1. Sports &NCC officer at sant hirdaramgirls'college, Bhopal
2. Member of physical education foundation of India.
3. State referee kabaddi federation MadhyaPradesh.
4. National referee handball federation ofIndia
5. Joint secretary handball federationBhopal.
6. Joint secretary student Olympic associationm.p.

SIGNIFICANT ACHIEVEMENTS: Distinctions, Honors, Awards received:

1. Awarded Global teacher award by Global teachers' Meet 6.0, Bhopal,
2. Awarded Excellence of sports education by women of substance award on the occasion of women' day march 4 2023.
3. Awarded IFA Award by Impar Film Artist Association Bhopal 2020 In the Category of Sports Icon.
4. Awarded Legend women award 2023 by Maharashtra legend women awards

Experience: -

- Director of physical education at Mewar University, Rajasthan 2024-25
- Physical Education Teacher at The Oriental School, Bhopal.2022-2024
- Asst professor of physical education department at LPU jalander.2019-2022
- Asst professor at ASE collage 2016-2019
- PGT Physical education at Mother Teresa School Kolar,Bhopal.2013-2016
- Sports officer experience of coaching at Bal Bharati Public School, Bhopal2012-13.

Official Experience: -

- Special Olympic national officiating at Bhopal.
- Handball national management at SrinagarJ&K.2012
- Handball national officiating (27-31 JAN 2011) at bhilaiChhattisgarh.
- Handball national officiating (16-18 Oct. 2012) at dewas MadhyaPradesh.
- Athletics national officiating atBhopal.
- Cricket University officiating at Barakatullah UniversityBhopal.
- Kabbadi University officiating at Barkatullah UniversityBhopal.
- Chief Minister Handball tournament officiating at Indore MadhyaPradesh.
- Official in sager utsav 2k12 organized by institute of research &technology, Bhopal.02-03-12.
- Handball summer camp. -2008
- Shooting ball summercamp. -2010.
- PYKKA Handball coaching atraisain-2010(bronze).
- PYKKA Handball coaching atsihor-2011(silver).
- PYKKA Handball coaching atjabalpur-2012(gold).
- 5-year state tournament coaching. (KHEL AVAM YUVAK KALYANVIBHAG)\
- 1 Year experience of coaching School state level tournament and selector of schoolM.P. Handball team. (Gold.,bronze)
- Kho KhoSGFI Senior girls Bhopal division team coach 2017-18 atdhar.
- Kho KhoSGFI junior girls Madhya Pradesh team selector coach2017-18 atumariya.
- Kho KhoSGFI junior girls Bhopal division team coach 2017-18 atsihore.
- Handball SGFI Senior girls Bhopal district team coach 2017-18 atraisen.
- Handball SGFIjunior girls Bhopal district team coach 2017-18 atsihore.
- Kho Khoopen Senior state coaching 2017-18 atnarsinghpur.
- Handball west zone national at udaypurbarkatullah university teamcoach.2017-18

National Sports Achievement

- ❖ Open chess national in Bhopal organized by my carshowroom. (**GOLD**)
- ❖ **Bronze**in open senior Handball national tournament at - Mumbai.-2010
- ❖ Participate in open senior Handball national tournament at kolkata-2007
- ❖ **Silver**in open senior Tug of war national tournament atkanyakumari-2005
- ❖ **BRONSE** in 2nd All India open senior Beach Tug of war national championship tournament at tamilnadu.26-27 June2006
- ❖ 8th place in open senior Shooting ball national. At Mumbai2010
- ❖ Participate in open senior Football 7 a SIDES national. at Delhi2005
- ❖ Participate in open senior Dodge ball national tournament atAmravati-2008

INTER-UNIVERSITY

- ❖ Represented BU from west zone inter university Handball tournament held at ACHARYA NAGARJUN UNIVERSITY-2008
- ❖ Represented BU from west zone inter university Handball tournament held at Rajasthan university-2012
- ❖ Represented BU from west zone inter university Handball tournament held at Jodhpur university -2013
- ❖ Represented BU from west zone inter university kabbadi tournament held at N.M. University Jalgaon.-2012

INTER COLLAGE.

- ❖ Gold medal in volleyball “TEKNISKA-2012” Organized by B.U.I.T. institute of engineering & technology (15-19 FEB 2012) AT B.U.Bhopal.
- ❖ Gold medal in CRICAKET at Rajeev Gandhi Collage Bhopal-2008
- ❖ Silver medal in 200 Miter Running at Rajeev Gandhi Collage Bhopal-2008

STATE

- ❖ M.P. Handball women's tournament at satna.-2010
- ❖ Shooting ball at Rajgarh.(gold)-2006-07
- ❖ Silver medal in Volley ball at Gwalior.17-21 OCT.2004.
- ❖ Participate by Handball at Ujjain-2004
- ❖ Participate by Handball at Mandla-2005
- ❖ Participate by Chess State at Tikamgarh-2004
- ❖ Participate by Chess State at Satna(GOLD)-2005

REASERCH WORK PAPER PUBLISHED.

1. *Shanti Sharma*, Dr. Manoj Pathak, Dr. Sathish Kumar,/The Study on the Role and Functions of Headmaster in Private and Government Schools Developing a Democratic and Culturally Diverse Education System- Published in Journal of Advances and Scholarly Researches in Allied Education, E-ISSN: 2230-7540/IMPACT FACTOR 3.46*
2. *Dr Shanti Sharma* Dr. Manoj Pathak*, Dr. Satish Kumar/Effect of Academic's Achievements Motivation Exploring Academic Achievement Motivation among Tribal Children in India- Published in Journal of Advances and Scholarly Researches in Allied Education, E-ISSN: 2230-7540 / impact factor 3.58*
3. *Volume 17, Issue No. 5, Aug 2021, Pages 224 - 229 (6) Dr Satish Kumar, Dr Shanti Sharma/The role of physical education in the development of students' social and psychological personality quality / international journal of physical education & sports science/ vol.17no.1(2022) impact 3.58*
4. *Dr Shanti Sharma/the effects of bi weekly yoga program on rheumatoid arthritis (RA)disease activity /journal of advances and Scholarly researches in Allied*

Education/VOL.10 NO.1/impact 3.46

5. *SHANTI SHARMA /Importance of Physical Education in Schoolscurriculum.Shodh Anusandhan Samachar Indian journal/ ISSN 2230-8822 / R.N.I. NO. MPHIN / 2010 / 34906 /VOL: IV ISSUE-IV/ 27 -MAY 2013*
6. *SHANTI SHARMA. /Shoulder injury prevention with exercise therapy: (Summaryof Systematic reviews)/penalty cornar a premier sports sciences & physical education journal./ISSN 0976-5190/vol. 12 issue 2 sep.2012*
7. *SHANTI SHARMA /Comparison Professional Satisfaction among Physical Education Teachers at Other Educational Schools Level Serving in the State of Madhya Pradesh/online international interdisciplinary journal(bi-monthly) /www.oijrj.org,ISSN- 2249-9598,VOL: III ,ISSUE –IV JULY- AUG2013.impact factor of 4.318*
8. *SHANTI SHARMA /History & Benefits of Mallakhamb./International Journal for Educational Research and Interdisciplinary Studies-(Monthly) ISSN 2320-1681/VOLUME-II ISSUE-VIII, August-2013.2013/Impact Factor of 7.27*
9. *SHANTI SHARMA /Women's and Sports Status in India/ International Educational E- Journal.(Quarterly) /ISSN 2277-2456/ VOL.-II ISSUE- IIIJULY-AUG-SEP.2013/ IMPACT FACTOR 3.593*
10. *SHANTI SHARMA / Handball Injuries during Tournaments / lokavishkar International E-Journal.(Quarterly) /ISSN 2277-727X/ VOL.-II ISSUE-III JULY-AUG- SEP.2013/IMPACT FACTOR 1.864*
11. *SHANTI SHARMA / association of selected psychological factor among individual and team game / International Science Congress Association / ISSN2320–9011/ Res. J. of Physical Education Sci., Volume 1, Issue (4), Pages 1-9, September (2013)*
12. *SHANTI SHARMA/comparison of game statistics between winner and losers in badminton/ International Science Congress Association / ISSN 2320–9011/ Res. J. of Physical Education Sci., Volume 1, Issue (5), Pages 1-9, October(2013)*
13. *SHANTI SHARMA /Women's Issues in India: Role and Importance of Media / ShodhAnusandhan Samachar Indian journal/ ISSN 2230-8822 / R.N.I. NO. MPHIN / 2010 / 34906 / Vol.V;Issue I / 15 -April2014*
14. *Shanti Sharma,/Test Based Performance of Basketball Players/ www.ihrj.org /ISSN 2347- 7067, Volume-4, Issue-3, JUL – SEP2016/INMPACT FACTOR 0.798*

15. Shanti Sharma/comparison OF Game statistics between the winner and the loser in badminton/research pool/ISSN 22781439/vol-2/issue-2/jan-june 2023

Books :-

- डॉशांतिशर्मा / शारीरिकशिक्षा-खेलविज्ञानएवंप्रबंधन/स्नातक-तृतीयवर्ष(नईशिक्षानीतिकेअनुसार) **Publisher: K.k publications / ISBN: 9789392003646 /Edition: 1st, 2025 /Pages: 182/ online link-<https://www.flipkart.com/product/p/itme?pid=9789392003646>**
- शारीरिकशिक्षा/ स्वस्थजीवनकेलिएशारीरिकशिक्षा/ स्नातक - द्वितीयवर्ष (नईशिक्षानीतिकेअनुसार)प्रथमसंस्करण2025/**Publisher: SPI Publication/ISBN :9789334281873/Edition: 1st, 2025 /Pages: 148**
- शारीरिकशिक्षाकापरिचयऔरअवधारणा - **first year / Paperback – 22 May 2025**
Publisher : WN Publications (22 May 2025)/Language : Hindi / Paperback : 179 pages / ISBN-10 : 9349625490 / ISBN-13 : 978-9349625495/

Book Chapter:

- Covid-19 आपदायाअवसर / कोविड-19 कास्वास्थ्यपरप्रभाव/KDP Publication/ISBN : 9789348091154
- Covid-19 आपदायाअवसर/कोविड-19 काशिक्षकोपरप्रभावऔरनवाचार/KDP Publication/ISBN : 9789348091154

Seminars-Paper Presented\ Workshop

1. Attended Seminar on application of Radioisotopes and radiation technology in industries agriculture, Health care and its impact on Environment organized by AISECT University in July 2015.
2. SHANTI SHARMA/” paper presentation initial of Encouraging female participation in science and technology “Attended a conference on Women Empowerment, leadership and career development in science and technology on 17th July 2015 organized by M.P council of Science andTechnology
3. *SHANTI SHARMA* / “On National Seminar the theme of” womens& sports” paper presentation in titel of “womensand sports status in india”. (24-25 jan2013) orgnized by govt. Dr. W.w.patankar girls p.g. collage. Drug chhattisgarh.
4. *Shanti sharma* /in tital of “importance of physical education in higher education curriculam” orgnized by m.p.mahavidhyalainshririkshikshashilshasangh ,bhopal.- 9 july2012
5. *SHANTI SHARMA* / “On National workshop on “climate change & management of water bodies” the effect of different environment climate change for sports

performance.”(16-17 august 2013) orgnized by department of enviromental science and limnology barkatullah universitybhopal.

6. Empowering through beyond curriculum programs workshop on "embrace life & joy" 27th 2016 offered by AISECTUniversity.

Webinars/workshop

1. International conference on kinesiology organized by polytechnic university of Philippines collage of kinetics on dated 24 Aug. 2021
2. International virtual workshop promoting physical activity in school organized by physical education foundation of India on January 24 ,2021.
3. International conference on “Modern approach on Kinanthropometry, nutrition on growth & development -making 2021 organized by YMCA collage of physical education held on 28 Aug. 2021.
4. 7 days National workshop cum faculty development program on NACC revised guideline organized by career collage Bhopal held on 26 July to 1 Aug. 2021.
5. A national online seminar on “concept &design of sports surfaces” was held on 31 Aug. 2021, organized by the Sports Engineering Association (SEA)India.
6. 3 days National webinar on impact of covid 19 on sports: challenges & possibilities organized by Principal ArunraoKalode Mahavidyalaya Nagpur. held on 17/6/2020.
7. National webinar on Swachh Bharat Mission organized by LNIP Gwalior held on 14 Aug. 2021.
8. National webinar on “Indian gold in the Olympics and reporting experience of TOKYO OLYMPIC 2020. Held On 28 Aug. 2020
9. National webinar on “how to see increasing population in today society organized by SAGE university Bhopal held on 11 July 2021.
10. One day national seminar on Indian Olympic performance heralding a new era Indian sports culture held at 28 Aug 2021 organized by academy of physical education Koradi/Gondia.

Areas of Expertise

- Expertise in exercise and fitness, team and individual sports, team building, health and nutrition
- Immense ability to build and develop students’ physical and mental skills.
- Student Motivation

- Creative Questioning

Other

1. GTM- Global Teachers Meet 0.6 at the Oriental School. 20hrs
 2. Acupressure workshop 10 hrs
 3. Teacher's Training Program 25 hrs(5 days)
 4. International Teachers Olympiad.by Surasa 3 hrs
 5. FDP on NEP 10 Hrs
 6. Suraasa- How to analyse assessment & data of your classroom? 3 hrs
 7. 2-day national workshop on -Scientific Paradigm in Sports 10 hrs
 8. STTAR-Assessment & Enhancement plans-3hrs
 9. Suraasa: - Teaching beyond borders: excelling in international teaching. **2 hrs**
 10. Suraasa:-How to foster teacher growth and professional development? **2hrs**
 11. All India Educator Forum: -Active student engagement in the classroom. **2hrs.**
- All India Educator Forum: -5 Method of Teaching. **2 hrs**

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