

### **Specific facilities provided for women in terms of:**

- a) **Safety and Security:** To ensure safe and healthy learning environment the college has constituted Women Cell and Sexual Harassment Cell with an objective to sensitize girls about their roles in the society through various Gender Sensitization workshops/lectures/skits/competitions (expert lecture on gender equality, workshop on cyber security).The audio-visuals of these programs are uploaded at College website, Facebook, Instagram, YouTube etc. so as to reach a large and diversified audience. The Women cell also encourages the staff members to attend workshops/conferences/lectures organized by other educational institutes as part of formal training. This is to ensure to keep the committee abreast of current happenings and having a comprehensive working pattern.

The cell has displayed notices having the names and contact numbers of the members at the prominent places of the college, to ensure its massive outreach amongst the students. Moreover in the beginning of every new session orientation/ induction programs are organized to create awareness about gender issues.

The College has taken numerous measures to enhance safety and security on the campus by constituting Anti ragging committee (Internal Complaints Committee) and Grievance Redressal Cell. Suggestion boxes are placed outside each blocks for grievances and feedback of students. Strict confidentiality is maintained by the Grievance Redressal Committee to encourage the complainant to lodge complaint without fear. Counselling is provided to the complainants and the respondents independently by the Principal.

The infrastructural design of the campus is such that the students can be seen from each and every corner, because at most of the places glass pane is used to see through the doors and the windows ensuring safety. Moreover CCTV cameras are installed within the class rooms, corridors of the college; laboratory, library, canteen, parking area; also the faculty members are instructed to take rounds within the campus during their free lectures for providing round the clock security. ID cards are issued to the staff and the students to avoid the entry of outsiders. Security guards are instructed to keep a strict check on the students who leaves the college before the college time gets over. If any student wants to leave the college premises before the college time, they take permission in writing from their Head/TG, after which they have to show this permission letter at the College reception, once receptionist authorize it with the college seal; then only security guard allows the student to leave the campus. Similar system is used for the strict security and safety of Hostel students. In case of medical emergency transport facility is available in the college.

The skill of being able to self-defend oneself irrespective of the space seems to be an important aspect in the current times. The NSS, NCC and sports committee organizes a Self-defense workshop to inculcate self-confidence and combat physical attack as part of its yearly activity and encourage students to participate in the same. At the prominent places of the campus fire extinguisher is kept to avoid any mishappening.

- b) **Counselling:** Along with physical strength, mental health is equally important component of overall well-being. Mental illnesses are among the most common health conditions in today's world caused due to various reasons. Students are vulnerable to mental health disorders, because at times they are unable to share their feelings with others. Understanding this as the biggest challenge of the present generation, the college has appointed a counsellor, to talk to students about their mental health. The students can approach to her at any time, apart from it the management also grooms its faculties that they have to take care of their students and talk to them on regular basis and be friends with them so that they can share their problems easily with the faculty members as well.

Yoga seems to have the powerful combination of the physical movement combined with the deep breathing, meditation and mindfulness aspect. As a form of low-impact exercise, yoga has been shown to lower stress hormones in our bodies while simultaneously increasing beneficial brain chemicals like endorphins and GABA (gamma-amino butyric acid). These feel-good chemicals help decrease anxiety and improve mood. Taking this benefit into account the college organizes mass yoga for the staff and the students of the college every Saturday as a part of relaxation activity.

Additionally the college organizes tutor Guardian meets on regular basis, where TG's also communicate and counsel students. Furthermore sessions of counselors like Dr. S. Neelkanthan, Psychologist, Psychotherapist, Behavioral Trainer, and Life Coach of Corporate Professionals, for Parents, Students and Teachers are organized timely .Counseling is arranged by the college for the students in three major areas i.e. Counseling related to academics, career and behavioral patterns.

As far as academic counseling is concerned students who are unable to share their problem related to understanding of teaching-learning methods adopted by a teacher, can share their problem with the members of Grievance Redressal cell/ Tutor-Guardian; who by impartiality and maintaining confidentiality solves the student's academic problems. Apart from this students can discuss anything related to their subject with concern subject teachers who are instructed by the management to help students in any way. Additionally students are also guided and counseled by

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the subject experts and admission cell members regarding the subject selection and its future prospects; dispelling student confusions during admissions.

Remedial classes are also organized for the students to motivate and help the academically weaker students to realize their weakness and help them to improve on academic fronts. Besides the departments also plan and execute bridge gap classes; focused to benefit the slow learners. It aims at leveraging their learning skills. The Bridge Courses also focus on the students with different learning abilities, academic standards and performances.

Also as a part of extension activity the admission cell members continuously counsel and provide academic guidance to the students of nearby locality as well.

As soon as the final year, or the year of graduation arrives, the rush and anxiety to attend job interviews and land a job are universal amongst students. The College Training and Placement Cell arrange placement grooming sessions for students as part of their academic curriculum to enable students to get good placement opportunities in reputed organizations. Some vital areas where the Training and placement cell work (with external agencies/ experts from industries) to enable students to ace their interviews are Soft Skill Training, Personality Development, Mock Interviews, and Group Discussions etc. The management of the institution offers maternity leaves to its employees; furthermore society provides medical insurance to every employee of the college.

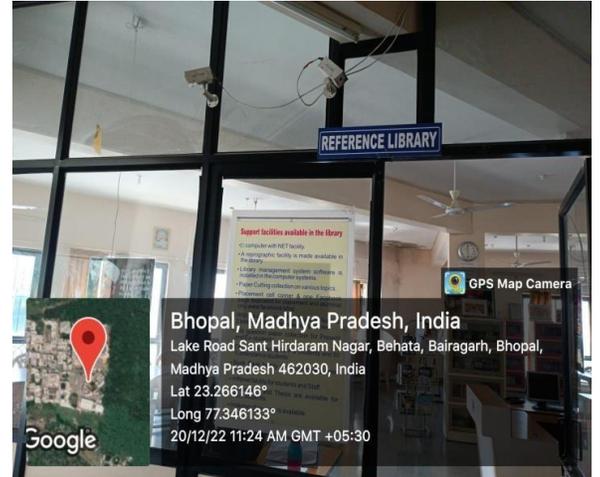
- c) **Common Room:** Separate Common rooms are provided for girls. Rooms are provided with necessary facilities like first aid box, mirrors, chair, table, washbasin, dustbin, etc. Apart from this the college and hostel has installed Sanitary napkin vending and disposal machines to help girls maintain menstrual hygiene and to control pollution during their disposal.

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## A- Safety and Security



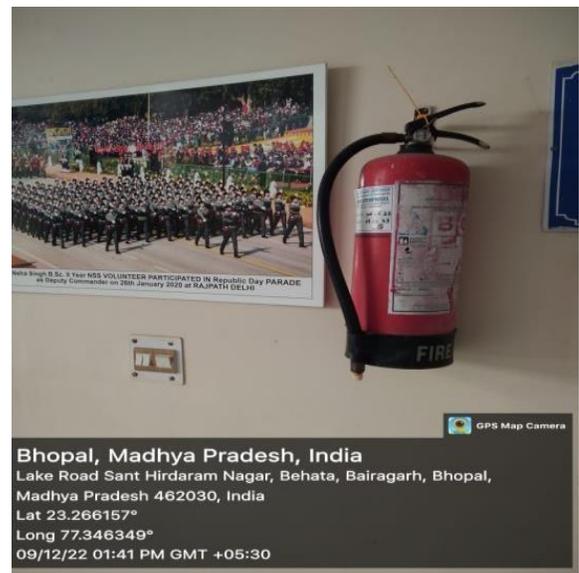
Security guard at the entrance of the college



CCTV Camera installed at every corner of the college

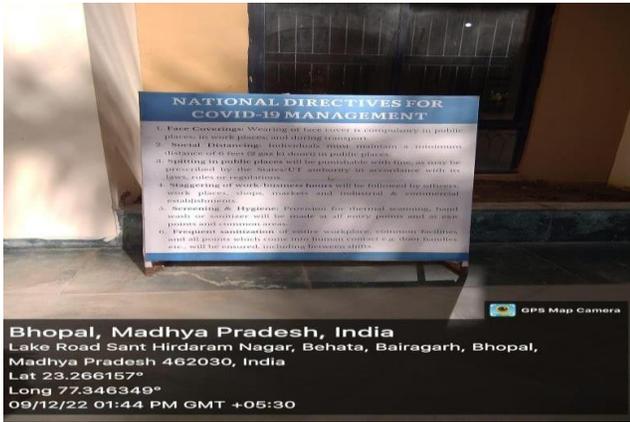


Most of the places glass pane is used to see through the doors and the windows ensuring safety



Fire extinguisher in the campus

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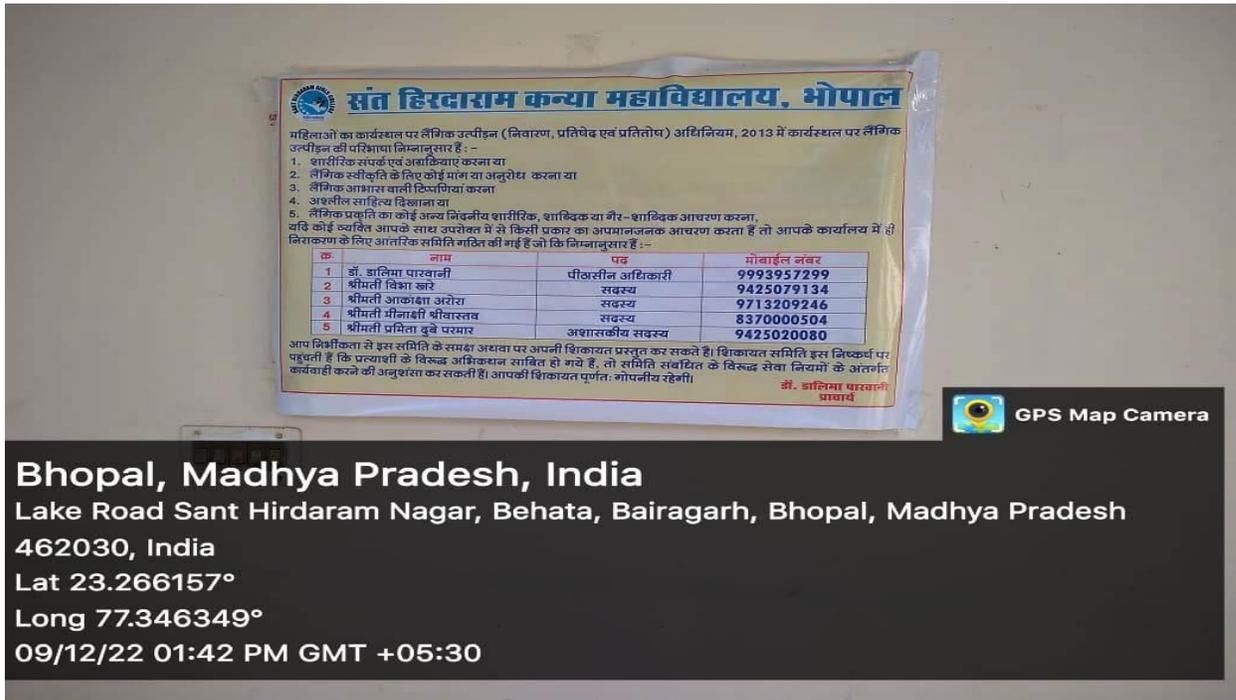
Bhopal, Madhya Pradesh, India  
 Lake Road Sant Hirdaram Nagar, Behata, Bairagarh, Bhopal,  
 Madhya Pradesh 462030, India  
 Lat 23.266157°  
 Long 77.346349°  
 09/12/22 01:44 PM GMT +05:30

Instructions of national directives of COVID management



Bhopal, Madhya Pradesh, India  
 Lake Road Sant Hirdaram Nagar, Behata, Bairagarh, Bhopal,  
 Madhya Pradesh 462030, India  
 Lat 23.266157°  
 Long 77.346349°  
 09/12/22 01:47 PM GMT +05:30

Suggestion boxes displayed at prominent places of campus



Bhopal, Madhya Pradesh, India  
 Lake Road Sant Hirdaram Nagar, Behata, Bairagarh, Bhopal, Madhya Pradesh  
 462030, India  
 Lat 23.266157°  
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 09/12/22 01:42 PM GMT +05:30

Women Cell and Sexual Harassment cell has displayed Notices having the names and contact numbers of the members at the prominent places of the college

## B- Counseling



Yoga and Meditation to Relax Mind

## C- Common Rooms



**(d) Any Other Relevant information:** Photographs of the facilities and activities.



**Sanitary Vending and Disposal Machines**