

SANT HIRDARAM GIRLS COLLEGE, BHOPAL



Monthly Report July 2025

Wednesday to Saturday, 16th to 19th July, 2025

Four-Day Induction cum Awareness Program organized for newly admitted students



A comprehensive Four-Day Induction cum Awareness Program was organized from 16th to 19th July 2025 to welcome and empower the newly admitted students for the academic session 2025–26. The program was thoughtfully designed to introduce students to academic life, institutional values, career readiness, health awareness, and platforms for holistic development.



The inaugural day of the program began with a traditional Lamp Lighting ceremony and Saraswati Vandana, signifying the beginning of a meaningful journey. The Principal Dr. Dalima Parwani, in her address, emphasized that college life is not just about acquiring knowledge, but also about developing one's personality, confidence, and sense of purpose. She elaborated on the various opportunities available at the college beyond academics, such as sports, cultural events, NSS, NCC, women empowerment initiatives, and entrepreneurship development programs. She encouraged students to attend regularly, concentrate on their goals, and stay committed to personal and professional growth. Followed by inaugural session, renowned career counselor Ms. Shweta Keswani, Director, Dreamz Global Educational Services, conducted a highly informative session on “Higher Education and Career Counseling.” She guided students on academic opportunities in India and abroad, scholarship options, and career decision-making. She emphasized the role of self-study, time management, vocabulary enhancement, LinkedIn networking, and the use of AI tools in career planning. The session was interactive and sparked keen interest among the students.





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On the second day of the orientation program, Chartered Accountant and Financial Trainer, Mr. Nikhil Nainani addressed the students on the topic “Reskill, Upskill, Multiskill – Your Strategy for Industry Success.” He spoke about the dynamic needs of the industry and how students can prepare themselves through continuous learning in areas like marketing, data analytics, AI applications, and channel management. Later, Dr. Bhavna Chawla, Head of Commerce at St. Joseph’s Convent School, Bhopal, conducted a session on “Personality Development and Stress Management.” She encouraged students to develop emotional intelligence, practice self-awareness, manage time effectively, and improve communication skills to deal with modern-day challenges. Her session inspired the students to maintain balance, build confidence, and develop a positive mind-set.



The third day of the program featured a significant awareness drive on Sickle Cell and Thalassemia, organized in collaboration with the 1 MP Naval NCC Unit. Dr. Aslam Khan, Medical Officer at IISER Bhopal, delivered an insightful session on these genetic disorders, explaining their symptoms, causes, and preventive measures. Students actively participated and asked relevant questions, which Dr. Khan answered in a simple and scientific manner. The Principal Dr. Dalima Parwani advised the students to stay informed about such important health topics and appreciated the efforts of the NCC team. Special thanks were extended to NCC Officer Dr. Shanti Sharma and Faculty Coordinator Ms. Babita Goswami for their dedicated contribution to the success of the event. The session was not only educational but also fostered a sense of responsibility among the students towards health and society.



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Further, Mr. Manas Dolani, Founder and Director of Niti Kendra, conducted an engaging session introducing students to the concept of the Model United Nations (M.U.N.). He explained its role in building leadership, diplomacy, and global awareness. The session involved games, discussions, and simulations that left a lasting impact on the participants.

The concluding day of the program celebrated creativity and self-expression. Students enthusiastically participated in an Open Talent Show, showcasing their talents in dance, singing, poetry, and mimicry. The event was graced by the presence of R.J. Mayank Jha and choreographer Arjun Shakya, whose engaging performances and motivational words added energy and excitement to the event. Principal Dr. Dalima Parwani appreciated the enthusiastic participation of the students and encouraged them to carry forward the lessons and inspiration gained from the program.

In all, the Induction cum Awareness Program was a well-rounded and impactful initiative that successfully laid the foundation for academic, personal, and professional development. It instilled confidence, responsibility, and enthusiasm among the new students, preparing them to make the most of their college journey ahead.



Wednesday 23rd July, 2025

SHGC Conducts NCC Fitness Test to Enroll New Cadets with Patriotic Zeal



On 23rd July 2025, Sant Hirdaram Girls College, Bhopal, organized a Fitness Test under the Join NCC Drive for the enrollment of new NCC cadets. The activity was conducted with the active support and supervision of 1 MP Naval Unit NCC, Bhopal.

During the test, PI Staff POCOM (Tel) Preetam Sarkar and PO (GS) Bhanu Pratap Sharma were present from the 1 MP Naval Unit. They not only encouraged the students but also appreciated the initiative taken by the college management for promoting discipline and patriotism among the youth.

The fitness test included various physical and personality assessment components such as running, push-ups, crunches, drill, posture evaluation, and interviews. These activities were designed to identify students who are physically fit, active, and genuinely interested in joining NCC.

College Principal Dr. Dalima Parwani addressed the participants and emphasized that only those students who are willing, disciplined, and physically fit will be enrolled in NCC to ensure better performance and promising results in the future. She motivated students to feel love for the country and give their 100% in serving the nation through NCC.

She also congratulated NCC Officer Dr. Shanti Sharma for the successful coordination and execution of the event. Special thanks were extended to CC Bhumika and PO Palak Maran for their efforts in organizing the activity and guiding the new students in transforming into responsible cadets.

The event concluded with enthusiasm and a strong spirit of nationalism among the students.



Saturday 26th July, 2025



Tribute and Various Activities Organized on Kargil Vijay Diwas

On the occasion of Kargil Vijay Diwas, a special tribute program was organized by the NCC Cadet Corps Unit at Sant Hirdaram Girls' College, Bhopal. The event began with floral tributes offered to the portraits of the brave sons of Mother India, honouring their supreme sacrifice. Addressing the gathering, Principal Dr. Dalima Parwani stated, "Kargil Vijay Diwas is not just a historic day; it conveys a powerful message of patriotism, discipline, and duty to the youth. Such events inspire our students to harbour a strong sense of service and commitment toward the nation." Assistant Professor Sonia Sharma highlighted the historical significance of Kargil Vijay Diwas and briefed the students on the bravery and sacrifices of Indian soldiers during the war. She emphasized that this day is a symbol of valour, sacrifice, and national pride, and that the war united the country in a deep spirit of patriotism. A documentary film based on the Kargil War was screened as a special presentation, showcasing the unwavering courage and sacrifice of Indian soldiers. The film deeply moved the students and further strengthened their sense of patriotism and national duty. The event also featured various sports and wellness activities such as volleyball, handball, kabaddi, badminton, and meditation. These were aimed at promoting mental and physical empowerment, along with team spirit, discipline, and self-commitment among the students. The entire program was coordinated by NCC Cadet Corps Coordinator Dr. Shanti Sharma. During the closing remarks, all students were encouraged to remain vigilant and dedicated to the service of the nation.



Saturday 26th July, 2025

SHGC organized a creative poster-making competition under the Drug-Free India Campaign



A successful poster-making competition was organized on July 26, 2025, by the National Service Scheme (NSS) unit of Sant Hirdaram Girls College, Bhopal, under the Drug-Free Campaign on the theme "Distance from Drugs is Essential." NSS volunteers participated enthusiastically in the event and presented meaningful and creative posters highlighting the harmful effects of substance abuse.



The primary objective of the competition was to promote both creativity and social awareness among students. Through their posters, the volunteers conveyed an inspiring message to work towards a drug-free society.

The Principal, Dr. Dalima Parwani, appreciated the initiative and stated, the creative thinking and commitment of students on such a serious social issue like drug de-addiction is truly commendable. Events like these help instill a sense of social responsibility among youth, which is vital for nation-building. She congratulated all the NSS volunteers for their contribution and expressed hope for continued involvement in such socially beneficial activities in the future.

Thursday 31st July, 2025

SHGC – NCC Cadets Hosts Green Initiative: “Ek Ped Maa Ke Naam” Plantation Drive



NCC cadets of SHGC Bhopal actively participated in a plantation drive under the initiative “Ek Ped Maa Ke Naam”, organized by 1 MP Naval Unit NCC. The event highlighted the importance of trees and environmental responsibility.



Principal Dr. Dalima Parwani emphasized the deep bond between nature and humanity, urging cadets to protect and nurture plants. Dr. Meenu Tahilyani, Dean, Computer Science & Commerce, inspired cadets to stay connected with nature for a better future.

The event stood as a remarkable example of youth engagement for a greener tomorrow and reinforced the college’s ongoing commitment to environmental protection and national service through its NCC activities.



Dr. Shanti Sharma, and NCC Officer of SHGC, congratulated the cadets for their active participation and highlighted that such initiatives not only promote social and environmental awareness, but also teach young cadets valuable life lessons about sustainability and compassion.

July, 2025

Department of Biotechnology, SHGC publishes three collaborative research papers in association with Jawaharlal Nehru Cancer Hospital and Research Center (JNCHRC), Bhopal.

In a significant academic and research milestone the Department of Biotechnology proudly announces the publication of three impactful scientific research papers authored by postgraduate dissertation students, Ms. Jigyasa Chandrawanshi, Ms. Prachi Mishra and Ms. Akanksha Patel in collaboration with esteemed faculty members Dr. Shazia Khan (Dean, Science & HOD Biotechnology) and Dr. Divya Patel (Assistant Professor, Biotechnology) along with researchers of JNCHRC. This achievement marks the fruitful outcome of the Memorandum of Understanding (MoU) signed between the department and JNCHRC to foster collaborative biomedical research and clinical integration.

Paper 1 titled: Genotoxicity estimation by calculating Mitotic index with chromosomal aberrations induced by aqua alcoholic extract of *Annona Muricata* leaves. Authored by Jigyasa et.al.

Paper 2 titled: Cytotoxicity assessment of *Annona Muricata* leave extracts on (in vitro) cultured breast tumor xenograft cell, B16F1 Murine melanoma cells and cultured lymphocytes by MTT assay. Authored by Prachi Mishra et.al.

Paper 3 titled: Antioxidant potential of *Annona muricata* (leaves extract) with metallic conjugates and its cytotoxicity analysis by (in vitro) cytokinesis block Micronucleus assay. Authored by Akanksha et al.





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