

SANT HIRDARAM GIRLS COLLEGE, BHOPAL



Monthly Report August 2025

Friday & Saturday, 1st & 2nd August, 2025

World Breastfeeding Week Celebrated

On August 1, 2025, the occasion of World Breastfeeding Week, a two-day awareness program was inaugurated at Sant Hirdaram Girls College, Bhopal by Food and Nutrition Department, NCC and NSS units, under the joint aegis of IAPEN Bhopal Chapter, IDA Bhopal, and Asha Paras for Peace and Harmony Foundation.



The inaugural day was graced by renowned paediatrician Dr. Ratna Mulay, who served as the Chief Guest and Mr. Love Chawdikar, executive manager of Asha Paras Foundation.

Dr. Ratna shared her thoughts on the theme "Empowering Mothers, Enabling Breastfeeding". She emphasized that breastfeeding not only plays a crucial role in the holistic development of the infant but also strengthens maternal health. She also delivered an insightful talk on anaemia, underlining its widespread impact and the need for early prevention through proper nutrition. Further, she discussed how daily nutritional habits contribute significantly to overall health and highlighted the importance of understanding nutrition across different stages of the life cycle.

Mr. Love Chawdikar from Asha Paras spoke on gender equality and how they promote female empowerment.



On August 2, 2025, The concluding day witnessed the gracious presence of two distinguished speakers who addressed the critical themes of breastfeeding, maternal nutrition, and lactation literacy.

World Breastfeeding Week Celebrated

The first session was delivered by Mrs. Amita Singh, Clinical Nutritionist and Gold Medalist in Nutrition and Dietetics. She elaborated on the significance of maternal nutrition during pregnancy, addressing the causes and effects of nutrient deficiencies and offering practical dietary solutions for a healthy pregnancy.

The second session was conducted by Dr. Rashmi Shrivastava, Clinical Dietitian who provided a comprehensive overview of lactation literacy and its social and physiological importance. To actively engage students, she organised an informative quiz focused on breastfeeding awareness.

Simultaneously, Dr. Shanti Sharma, Head of the NCC Unit, efficiently coordinated a poster-making competition based on the central theme of breastfeeding, providing students with a platform to creatively express their perspectives.

The session culminated with a heartfelt poetry recital by Dr. Harsha Bhatnagar, beautifully encapsulating the essence of the theme. The event concluded with the felicitation of the esteemed guests, marking the successful closure of this meaningful initiative.

The event concluded on a high note with Dr. Dalima Parwani, Principal of Sant Hirdaram Girls College, extending her appreciation for the successful organization of the programme. She emphasized that breastfeeding awareness is crucial, especially in a female-dominated academic environment, where such initiatives foster informed and responsible future generations.

The college extends its gratitude to all speakers, organizers, and participants for their enthusiastic involvement and commitment towards promoting awareness on maternal and child health.



Saturday, 2nd August, 2025

From Rakhis to Resumes: A Day of Innovation and LinkedIn Learning



On 2nd August 2025, Sant Hirdaram Girls College, Bhopal, celebrated Raksha Bandhan with a creative and career-oriented twist, hosting two enriching events that combined tradition with innovation and professional development. The Institution's Innovation Council (IIC) Cell organized a unique DIY Rakhi-Making Celebration, where students enthusiastically crafted handmade Rakhis using leftover and upcycled materials. The event promoted sustainability, skill-building, and self-motivation, encouraging students to think innovatively and transform waste into art. Alongside this cultural celebration, the Training & Placement Cell conducted a Skill-Based Workshop on LinkedIn Proficiency, guiding students on building a strong professional identity online. The session covered essential aspects such as creating a LinkedIn profile, understanding key features like "Open to" and "Add Section," writing engaging posts, and distinguishing between social and professional networking. Both events were well-received and provided students with a holistic learning experience that blended creativity, culture, and career preparation.



On this occasion, Dr. Dalima Parwani, the Principal of the college appreciated the students' active participation and urged them to always follow a parallel path of creativity and continuous learning to thrive in both personal and professional spheres.

Tuesday, 5th August, 2025

NSS Unit of SHGC Launches Anti-Drug Campaign with Tree Plantation and Rural Outreach

On August 5, 2025, The NSS Unit of the college launched the Anti-Drug Campaign with tree plantation and rural outreach in line with the directives of the Department of Higher Education, Government of Madhya Pradesh, on the theme “Distance from Drugs is a Necessity.” The initiative aimed to spread awareness on drug de-addiction and environmental conservation, particularly among rural communities.

As part of the campaign, the NSS unit conducted various awareness activities in Mughaliya Hatt village. A rally was organized where NSS volunteers spread the message “Stay Away from Drugs – Embrace a Healthy Life” across the village. The volunteers also delivered motivational talks to encourage villagers to give up substance abuse. In a thoughtful gesture, the campaign included a tree plantation drive under the theme “Ek Ped Maa Ke Naam.” Volunteers explained the significance of trees in sustaining life, drawing parallels between the nurturing role of a mother and the life-giving nature of trees. The initiative also reached the local government school, where students were engaged and educated about the cause.

The village secretary actively participated in the plantation drive, reinforcing the message of environmental protection. Continuing the campaign on campus, a plantation program was held at the college on August 2, 2025. The event was graced by Principal Dr. Dalima Parwani, NSS Program Officer Dr. Meena Barse, Prof. Kanchan Chaturvedi, Prof. Janvi Detani, and NSS volunteers.

Speaking on the occasion, Principal Dr. Parwani remarked, “Campaigns like these are essential to steer youth away from drugs. When students take such messages to society, they spark real change. Combining drug awareness with environmental conservation is today’s most urgent need.”

The campaign concluded with high enthusiasm, deep inspiration, and a strong collective resolve. The efforts of the NSS unit were widely appreciated by both the village community and the management.



Thursday, 7th August, 2025

Handloom Exhibition Organized at SHGC on World Handloom Day



Bhopal, 7 August 2025, On the occasion of World Handloom Day, a Handloom Exhibition was organized at Sant Hirdaram Girls' College to promote traditional handloom artistry. Students, faculty members, and local artisans showcased an impressive display of traditional garments, weaving techniques, and handmade items.

The objective of the event was to honour India's rich handloom heritage and to create awareness among the younger generation about indigenous textiles. The exhibition featured traditional fabrics such as Chanderi, Maheshwari, Ikat, Khadi, and Bagh print, offering a glimpse into India's diverse textile legacy.

On this occasion, the principal of the college, Dr. Dalima Parwani, stated that Indian handloom is an integral part of our cultural heritage. Events like these instill a sense of pride and self-reliance among students for indigenous products. Our aim is to preserve this traditional art and connect future generations with its essence.

This event was not just an exhibition but also a step towards celebrating Indian culture and self-reliance. The event was coordinated by Dr. Mugdha Rajput and Ms. Geetanshi Buttan from the Department of Language.



Tuesday, 12th August, 2025

SHGC Marks International Youth Day with Inspiring Speech Competition



Bhopal, August 12, 2025 — Sant Hirdaram Girls' College celebrated International Youth Day with a spirited speech competition organized by its National Service Scheme (NSS) unit, under the guidance of the NSS unit of Barkatullah University.

The event aimed to instill patriotism, duty-consciousness, and social responsibility among students. Participants delivered compelling speeches on the role of youth in nation-building, each emphasizing dedication and moral values as the driving forces of progress.

Principal Dr. Dalima Parwani remarked, “Youth are the strongest pillar of any nation. When they understand their duties and act in the nation’s interest, progress becomes unstoppable. Education, ethics, and service are the true marks of empowered youth.” Winners of the competition were Ms. Chitra Bhojwani and Ms. Juhi Gangwani.

Wednesday, 13th August, 2025

NSS Volunteer of SHGC Honored with State-Level Award



Bhopal, August 13, 2025 – At the NSS State-Level Award and Certificate Distribution Ceremony organized by the Madhya Pradesh National Service Scheme, Ms. Neha Singh, NSS volunteer of Sant Hirdaram Girls College, was honored for her exemplary services and outstanding contributions during the year 2021–2022. The award was presented by the Minister of Higher Education and Program Coordinator (NSS), Barkatullah University. The achievement created an atmosphere of pride and joy across the college community.

This prestigious state-level award is conferred upon volunteers who have rendered exceptional contributions in the fields of social service, community development, public awareness, and nation-building.

On the occasion, Principal Dr. Dalima Parwani remarked, “Ms. Neha Singh has set an inspiring example of service, discipline, and dedication. This honor is not only the result of her individual efforts but also a testament to the commitment and collective spirit of the college’s NSS unit. This achievement will serve as a source of inspiration for all our students and motivate us to move forward on the path of service.”

The college family extended heartfelt congratulations to Ms. Neha Singh on this remarkable accomplishment and conveyed best wishes for her bright future.



Wednesday, 13th August, 2025

Academic Enrichment through Guest Lecture on Fundamentals of Physics at SHGC

On August 13, 2025, the Department of Physics at Sant Hirdaram Girls College, Bhopal organized a guest lecture on the topic, Fundamentals of Physics.

On this occasion, the guest speaker, Dr. Seema Hardikar, Professor, Department of Computer Science, Sarojini Naidu Girls P.G. College, Bhopal, provided the students with a detailed account of the historical journey of physics leading up to its modern perspectives.

In her lecture, she explained how Thales was the first to attempt to understand the mysteries of nature. Later, Copernicus, through his heliocentric model of the universe, laid the foundation of modern astronomy. She highlighted that Galileo, with his experiments, simplified the concepts of motion and gravity, while Newton, through his principles of classical mechanics, gave physics a solid scientific base. Dalton's atomic theory clarified the microstructure of matter, and gradually this journey advanced towards quantum physics and modern cosmology.

Dr. Hardikar also guided the students on various dimensions of physics—such as classical mechanics, quantum theory, the structure of the universe, and the career and research opportunities available after graduation in physics.

The students described the lecture as extremely informative and inspiring, as it not only enriched their theoretical knowledge but also motivated them to pursue higher education and research in the future.

Speaking on the success of the program, the principal of the college, Dr. Dalima Parwani said that the lecture was both enlightening and inspiring for the students. The scientific journey from the history of physics to the modern era clearly demonstrated that curiosity and the spirit of research are the true mothers of discovery. She further added that the college will continue to encourage such academic events in the future.



Thursday, 14th August, 2025

SHGC Hosts Cultural and Patriotic Activities under the Har Ghar Tiranga – Har Ghar Swachhta Campaign

On August 14, 2025, Under the aegis of the National Service Scheme (NSS) unit of Sant Hirdaram Girls College, various activities were successfully organized in the college premises as part of the Har Ghar Tiranga – Har Ghar Swachhta campaign.

The programme included a Rangoli Competition, Poster Making Competition, and Flameless Cooking Competition, where the students beautifully showcased their creativity and patriotic spirit. In addition, an enthusiastic Tiranga Yatra Rally was taken out by the students, resounding with slogans honouring the national flag and spreading the message of cleanliness.

In her inspiring address, the Principal of the college, Dr. Dalima Parwani, said that our national festivals are not just celebrations; they are opportunities to rekindle in our hearts the sense of duty, respect, and responsibility towards our country. The Har Ghar Tiranga and Har Ghar Swachhta campaigns convey the significance of unity, patriotism, and a clean environment. I commend all the students for their enthusiasm and creativity.



Friday, 15th August, 2025

79th Independence Day Celebrated

On Friday, 15th August 2025, Sant Hirdaram Girls College celebrated Independence Day with a dignified ceremony and flag hoisting. The chief guests for the programme were Colonel N. Parwani, Vice-President of the institution Shri Hiro Gyanchandani, Shri P. S. Rathore, along with the heads of all three colleges under the institution, academic and administrative members, and a large number of students.

On the occasion of Independence Day, our chief guest Colonel N. Parwani delivered a thought-provoking speech inspired by the address of the Hon'ble Prime Minister. He emphasized the government's ambitious goal of transforming India from a developing nation into a developed nation within the next five years. Highlighting the significant contribution of students towards achieving this goal, Colonel Parwani underlined their indispensable role in the nation's progress and said that considering the potential of the young generation, I can say with confidence that you will not let the dream of India's advancement be broken.

Giving importance to the project of Make in India, he urged everyone to prioritise products made in our country, so that we can become self-reliant at the earliest.

He then drew attention towards the youth, urging them to prioritise good health, discipline, and humility in life. He also spoke about the inspiring lives of Veer Savarkar and Subhash Chandra Bose, encouraging students to become mentally, physically, and spiritually strong and to contribute wholeheartedly to the nation's development. Additionally, he stressed the positive use of social media. His speech deeply inspired the audience, renewing their sense of responsibility and determination to contribute to the bright future of the nation.

On this occasion, Ms. Nargis Khan, Ms. Ayesha Khanam, and Ms. Samaira Khan shared their views through a powerful speech. The programme was conducted and the vote of thanks was presented by Dr. Suneela Choube, Head of the Faculty of Education.

On this occasion SW cadets of Sant Hirdaram Girls College proudly secured First Position in the parade conducted at Lal Parade Ground. This is a remarkable achievement, showcasing the dedication, discipline, and efforts of cadets."



Tuesday, 19th August, 2025

SHGC Students Selected as HRM Interns at Heleum Pvt Ltd, Jaipur Rajasthan

Bhopal, 19 August 2025 – Sant Hirdaram Girls' College proudly announces that its students have been selected for the position of HRM Interns at the reputed company Heleum Pvt Ltd.

A total of 60 students participated in the telephonic interview conducted by the company. After a rigorous selection process, the following four meritorious students secured their positions: Samra Khan – BBA II Year, Archie Kashyap – BBA II Year, Tanisha Sharma – B.Com II Year and Poonam Sahu – BBA III Year.

This remarkable achievement reflects the college's commitment to career-oriented education, professional training, and providing students with real-world exposure. It also stands as a testament to the hard work, dedication, and talent of these students who have brought laurels to the institution.

On this occasion, Principal, Dr. Dalima Parwani expressed her delight, stating that this is indeed a proud moment for us. The selection of our students not only showcases their potential but also inspires others to strive for excellence. With this success, Sant Hirdaram Girls' College once again reinforces its mission of empowering young women and guiding them toward excellence in education and the professional world.



Wednesday, 20th August, 2025

SHGC Students Secure Internship with Corefit Care and Technotask Pvt. Ltd

Bhopal, 20th August, 2025 – Sant Hirdaram Girls' College proudly announces that its students have successfully secured internships with Corefit Care and Technotask Pvt Ltd. The selection process involved a competitive Group Discussion round and Interview where the students showcased their knowledge, communication skills, and confidence.

The following students have been selected for the internship opportunity as Management Trainee at Corefit Care are, Riya Raikwar, Shrishty Chhabaria, Kratika Tayde, Komal Nagdev, Tasha Khan and Priya Verma as customer care associate at Technotask.

Extending her appreciation, the Principal of Sant Hirdaram Girls' College praised the students for their dedication and hard work. She highlighted that such achievements reflect the institution's commitment to nurturing talent and preparing students for real-world challenges. She further encouraged the selected candidates to uphold the values of the college and make the most of this professional opportunity.

The college congratulates the selected students and wishes them success as they embark on this valuable journey with Corefit Care and Technotask Pvt. Ltd.



Saturday, 23rd August, 2025

**Grand Celebration of Cultural Fest Saankethika 7.0 and
Inaugural of the Two-Day Model United Nations at SHGC**

Bhopal, August 23, 2025 Sant Hirdaram Girls College organized the grand event Saankethika 7.0, dedicated to nurturing students' creativity and personality development. On the first day of this two-day program, the institution and distinguished guests inspired the students by emphasizing the importance of education, values, and positive thinking in life.

The occasion was graced by esteemed dignitaries including Mr. Brajesh Rajput, Group Director, Vistaar News, who served as the Chief Guest; Mr. Manas Dowlani, MUN Coordinator; Mr. Ghanshyam Boolchandi, Secretary SHKES; Mr. Hero Gyanchandani, Director SHGC; Mr. Bhagwan Damani, Treasurer SHKES; Mr. T. Varlani, Parishad Secretary ; Dr. Dalima Parwani, Principal SHGC; respected members of the media; teacher coordinators from reputed institutions; and a large gathering of enthusiastic students.

On this occasion, the Principal of the college, Dr. Dalima Parwani, while addressing the students, highlighted that success, position, and wealth are important in life, but they become truly meaningful only when accompanied by happiness and contentment. Referring to books, she conveyed that positive thoughts, selfless action, dedication to relationships, commitment to work, and striving to make today better than yesterday are the true keys to success. She stressed that staying focused on one's goals is essential to achieving them.

The Director of the institution, Mr. Hero Gyanchandani, gave a brief introduction to the college, stating that its core objectives are education, values, and health. He added that Sant Hirdaram Ji always gave special importance to girls' education, and today that dream is being fulfilled. He remarked, our endeavour is to bring light into the lives of daughters through education.

Grand Celebration of Cultural Fest Saankethika 7.0 and Inaugural of the Two-Day Model United Nations at SHGC

The Chief Guest, Mr. Brajesh Rajput, Group Editor, Vistaar News, in his address, said that this institution is a rare place where education and values are imparted with a special purpose. Referring to present times, he pointed out that while large institutions focus only on academics, here the students are also taught life values. He expressed hope that the students of the college would embrace education as an integral part of their lives, move forward with mental strength, and remain mindful of their future. Mr. Rajput urged students to adopt self-study and consider books as their true friends. He explained that reading helps develop language, thoughts, and perspective. He also encouraged students to make positive use of social media and to remain conscious about health. In his message, he emphasized that in difficult times, students should regard their parents and teachers as their true well-wishers and seek guidance from them.

Saankethika 7.0 presented a unique blend of competitions and performances. Under Voice on the Street, students staged thought-provoking street plays on global issues, while Hasya Rang added a touch of humour and entertainment. Jugalbandi brought forth a mesmerizing confluence of melody and rhythm, and Naach Unlimited showcased vibrant depictions of culture and tradition.

In addition, The Hidden Saga offered students an adventurous experience, while Expression in Colors reflected creativity through art. The Greenovation Lab featured innovative models, and Reel Realities highlighted the talent of short filmmaking. Competitions like Tales and Tadka and Ad-o-logy displayed innovation and creativity in the world of advertising. This inter-college and inter-school event witnessed more than 700 participants from various prestigious institutions registered and actively participated. Winners of each competition were awarded trophies and certificates, with the overall winner trophy going to Navnidh Hassomal Public School, Bhopal.

Saankethika 7.0 is not just a cultural fest but a celebration of originality, expression, and innovation, connecting students with both a global perspective and Indian traditions. Alongside, the college also gave the grand inaugural of the MUN for the second time with energy and positive enthusiasm. In his address, MUN Coordinator Mr. Manas Dowlani expressed gratitude to the institution for providing such a valuable platform to the students, enabling them to speak openly and confidently.

Grand Celebration of Cultural Fest Saankethika 7.0 and Inaugural of the Two-Day Model United Nations at SHGC

Principal, Dr. Dalima Parwani inspired the gathering by sharing a thoughtful story, highlighting that at times hidden talents are judged by others, and hence it is important to reflect upon even the smallest details in life.

The event was formally inaugurated by the Secretary of the Institution, Ms. Kumkum Singh, who declared the MUN open. The opening ceremony marked the inauguration of committees such as Lok Sabha, AIPPM, UNHRC, International Press and many more. The delegates eagerly joined their respective committees, discussing topics like LGBTQ+ issues, economy, and challenges for the International Press. The initial debates showcased heartfelt perspectives and in-depth contributions as delegates displayed their research and diplomatic skills. The first day ended with a networking session, where delegates had the opportunity to connect informally, share ideas, and form friendships.

As the event concluded, the institution presented guests with mementos and shawls as a mark of honour. To encourage holistic development and self-reliance among students, the college's E-Cell and Institution's Innovation Council set up more than 23 stalls.



Sunday, 24th August, 2025

SHGC Concludes Second Edition of Model United Nations with Resounding Success

On 24th August, 2025, Bhopal, The two-day Model United Nations Edition 2.0 at Sant Hirdaram Girls College concluded today on a note of pride, inspiration, and celebration. The curtains fell today on days of high-level deliberation, diplomacy, and policy-focused debate. Day Two featured experienced EB members from all over India along with 350 participants from all the reputed schools and colleges who showcased intense committee sessions marked by intellectual rigor and political realism. Students brought Indian politics alive, engaging in high-stakes drama with surprising authenticity and razor-sharp insight from Lok Sabha to Rajya Sabha to the pulse – pounding suspicion of the AIPPM. Beyond the rhetorical exchanges, delegates addressed pressing economic concerns notably, the increasing tax burden on India’s middle class — reflecting a deep understanding of the nation’s pulse. Their structured, policy-heavy approach saw mock bills drafted, dissected, and debated with a level of precision reminiscent of seasoned parliamentarians.

The Global stage discussions highlighted women’s rights and empowerment. Delegates addressed issues such as gender-based violence, unequal access to education, and the urgent need for legal reforms. Proposed solutions were not only presented but vigorously debated and defended, underscoring the seriousness with which participants approached global challenges. The executive board and judges praised the delegates for their preparation, delivery, and the maturity they brought to every session.

This year’s edition featured five Indian committees and four UN committees, including Lok Sabha, AIPPM, UNHRC, and International Press, addressing pressing topics such as LGBTQ+ issues, Space Race 2.0, Cannabis Conundrum, Women Leadership, Saving the Narmada, AI Innovations, NEP 2020, Government Schemes, and the Digital Double-Edged Sword. Day Two began with delegates in formal western attire, underscoring the spirit of professionalism and setting the stage for rigorous debate and diplomacy. The proceedings reflected exceptional research, innovative thinking, and exemplary negotiation skills, as participants engaged with critical national and global issues.

SHGC Concludes Second Edition of Model United Nations with Resounding Success

The valedictory session recognized these efforts with awards for Best Delegate, High Recommendation, and Special Mention across all committees. The ceremony, marked by resounding applause, celebrated two days of substantive deliberations, collaboration, and personal growth for every participant.

Dr. Dalima Parwani, Principal of the College, extended heartfelt praise to all the participants for their enthusiastic involvement and acknowledged their power-packed performances with deep appreciation. She expressed gratitude for the dedication and zeal displayed by the students throughout the event. Furthermore, special recognition was given to Mr. Manas Dowlani, whose outstanding efforts in managing the overall proceedings were commended. His spectacular contribution and seamless coordination played a pivotal role in making the event a grand success.

The second edition of the MUN was also commended for its eco-friendly delegate kits and sustainable practices, reflecting the institution's commitment to responsible event management. The success of the programme was made possible through the dedicated efforts of the organizing team, including Dr. Meenu Tahilyani, Dr. Shazia Khan, Ms. Manju Devnani, Ms. Geeta Hemnani, and Ms. Geetanshi Buttan, whose meticulous coordination ensured a seamless and impactful experience.

SHGC Concludes Second Edition of Model United Nations with Resounding Success

The conference concluded with an atmosphere of unity and high spirits, as delegates came together for a vibrant social gathering, reinforcing the camaraderie and energy that defined the event. Sant Hirdaram Girls College's MUN Edition 2 reaffirmed its role in cultivating confidence, leadership, and the power of informed communication among emerging changemakers.



Tuesday, 26th August, 2025

**Skill Meets Sustainability: Ganesh Utsav Eco-Friendly
Idol Making Competition organized**

Bhopal, 26th August, 2025 – On the auspicious occasion of Ganesh Utsav, Sant Hirdaram Girls College organized a unique and eco-conscious celebration through a Skill and Creativity Challenge. The event, Mati Ganesh – Siddh Ganesh, was conducted by the IIC Cell in collaboration with the Nature’s Club, bringing students together to showcase their artistic talent and environmental responsibility.

With a time frame of two hours, students enthusiastically crafted Ganesha idols using clay, newspapers, stones, and decorative items brought from home, reflecting creativity while promoting sustainable practices.

The competition witnessed vibrant participation, where students not only displayed their skills but also emphasized the importance of eco-friendly celebrations. Winners of the challenge were Ms. Tanu Meena, Ms. Akansha Singh and Ms. Tripti Thakur, they received certificates from MyGov Portal as well.

Principal, Dr. Dalima Parwani appreciated the students’ efforts and praised their dedication towards merging tradition with sustainability. She emphasized the importance of such initiatives that inspire youth to celebrate festivals in harmony with nature.

The event concluded with a spirit of devotion, innovation, and responsibility—setting an example of how festivals can be celebrated while preserving the environment



Thursday, 28th August, 2025

Fire Drill and Evacuation Workshop Organized

A Fire Drill and Evacuation Workshop was organized at Sant Hirdaram Girls' College under the joint auspices of the NCC Unit and the Department of Sports. This workshop was directly aligned with the United Nations Sustainable Development Goals (SDGs). The chief trainer for the workshop was Mr. Sajid Khan, Assistant Fire Officer (honored with the Best Achiever Award and Best Teaching Award), who graced the occasion with his presence. During the session, Mr. Khan provided practical training to the students on dealing with fire emergencies, particularly those caused by LPG gas leaks and petrol-related incidents. He explained how fire can also break out in kitchens while cooking or due to the use of insecticide sprays, and what precautions must be taken in such circumstances. He emphasized that fires caused by LPG should never be extinguished with water, but only with the use of the appropriate fire extinguisher. The students were also given demonstrations on preventive measures against electric shocks, the different types of fire extinguishers, and their correct usage. The primary objective of the workshop was to develop alertness, confidence, and the ability to take the right decisions in emergency situations among the students. On this occasion, Mr. Khan also urged all citizens to remain vigilant about safety and to spread awareness in society. Principal Dr. Dalima Parwani described the workshop as extremely valuable, stating: "Such workshops not only equip students with self-defence skills but also inspire them to become responsible and aware citizens. A safe society can only be built upon alert and conscious individuals."



Friday, 29th August, 2025

SHGC Students Excel in BU Merit List 2024

Bhopal, August 29, 2025 – Students of Sant Hirdaram Girls' College have once again brought laurels to the institution by securing top positions in the Barkatullah University Merit List 2024.

In this list, Palak Lalwani student of M.Sc. Food & Nutrition clinched the first position and was awarded the Gold Medal. Sameen Fatima M.Sc. Food & Nutrition and Pinky Kushwaha, BCA secured the second position in their respective streams.

Further, Alvina Hussain, M.Sc. Food & Nutrition and Anushree Jain, M.Sc. Biotech achieved the third position; Shivanshi Singh Gaur, M.Sc. Food & Nutrition and Divya Prajapati, BCA earned the fourth position; while Gayatri Mewada, M.Sc. Food & Nutrition and Aarti Mewada, BCA bagged the fifth position.

Adding to the honours, Hema Bawane, BCA and Madhuri Likhari, B.Sc. secured the sixth position; Jasjit Kaur Saluja, BBA and Zainab Hussain, B.Sc. took the seventh position; Muskan Likhari, BCA and Kashish Lalwani, BCA stood at the ninth position; while Disha Gidwani, BCA and Saumya Sharma, BCA attained the tenth position.

On this occasion, the Principal, Dr. Dalima Parwani, congratulated the students and said that this achievement of our students is the result of their hard work, dedication, and quality education. This success is not only a matter of pride for the students and their families but also an inspiration for the entire institution. We will continue striving to provide our students with such guidance and opportunities.

SANT HIRDARAM GIRLS COLLEGE, BHOPAL

BARKATULLAH UNIVERSITY

MERIT LIST - 2024

 Palak Lalwani M.Sc. Food & Nutrition 1 st Position	 Sameen Fatima M.Sc. Food & Nutrition 2 nd Position	 Alvina Hussain M.Sc. Food & Nutrition 3 rd Position	 Anushree Jain M.Sc. Biotech 3 rd Position	 Shivanshi Singh Gaur M.Sc. Food & Nutrition 4 th Position	 Divya Prajapati BCA 4 th Position
 Gayatri Mewada M.Sc. Food & Nutrition 5 th Position	 Aarti Mewada BCA 5 th Position	 Hema Bawane BCA 6 th Position	 Madhuri Likhari B.Sc. 6 th Position	 Jasjit Kaur Saluja BBA 7 th Position	 Zainab Hussain B.Sc. 7 th Position
 Muskan Likhari BCA 9 th Position	 Kashish Lalwani BCA 9 th Position	 Disha Gidwani BCA 10 th Position	 Saumya Sharma BCA 10 th Position		

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Saturday, 30th August, 2025

**BCA Student of SHGC Selected as
Business Executive at Ocean Collide, Bhopal**

Bhopal, Saturday, 30th August, 2025 – Sant Hirdaram Girls College proudly announces that Ms. Nabeela Khan, a first-year BCA student, has been selected as a Business Executive in the reputed company Ocean Collide, Bhopal.

Out of six students who appeared for the walk-in interview from the college, Nabeela's dedication, confidence, and skills set her apart, earning her this remarkable opportunity.

Dr. Dalima Parwani, Principal of the college, congratulated Nabeela on spectacular achievement and extended her best wishes for success in her professional journey ahead.

The institution also conveyed its heartfelt congratulations to her and wished her continued growth and accomplishments in the future.





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